# Yoga Teacher Training Certification

- **Spring Semester**
  - Anatomy & Physiology: 20 hours

  *(No payments necessary)*

- **Summer Semester**
  - The Science of Ayurveda: 15 hours

  *(1 payments of $203.00 - June)*

- **Fall Semester**
  - Techniques and Teaching Methodology - Level 1: 16 hours
  - Techniques and Teaching Methodology - Level 2: 16 hours
  - Techniques and Teaching Methodology - Level 3: 16 hours
  - Techniques and Teaching Methodology - Level 4: 16 hours

  *(4 payments of $217.00 - Sept, Oct, Nov, Dec)*

- **Spring Semester**
  - Techniques and Teaching Methodology - Level 5: 15 hours
  - Techniques and Teaching Methodology - Level 6: 15 hours
  - Techniques and Teaching Methodology - Level 7: 15 hours
  - Techniques and Teaching Methodology - Level 8: 15 hours
  - Techniques and Teaching Methodology - Level 9: 15 hours
  - Techniques and Teaching Methodology - Level 10: 15 hours
  - Student Practicum: 11 hours

  *(4 payments of $325.50 - Feb, Mar, April, May)*

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**Total Cost for Program**: $2,630

*Updated: 4/2017*

Division of Our Lady of Lourdes Medical Center