



1600 Haddon Avenue
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www.LourdesInstitute.org

Yoga Teacher Training Certification

200 Hours

\$250.00 deposit due within 10 days of acceptance

Fall Semester	Hours
Techniques and Teaching Methodology - Level 1	16
Techniques and Teaching Methodology - Level 2	16
Techniques and Teaching Methodology - Level 3	16
Techniques and Teaching Methodology - Level 4	16

(3 payments of \$206.00 - Oct, Nov, Dec)

Spring Semester	Hours
Techniques and Teaching Methodology - Level 5	15
Techniques and Teaching Methodology - Level 6	15
Techniques and Teaching Methodology - Level 7	15
Techniques and Teaching Methodology - Level 8	15
Techniques and Teaching Methodology - Level 9	15
Techniques and Teaching Methodology - Level 10	15
Anatomy & Physiology	20
Student Practicum	11

(4 payments of \$389.75 - Feb, Mar, April, May)

Summer Semester	Hours
The Science of Ayurveda	15

(1 payments of \$203.00- June)

Total Cost for Program

\$2,630

Updated: 4/2017